

Checklist for Playing on the PCHS Girl's 2008 Lacrosse Team

All of the following are **required** to participate on the PCHS Varsity and JV Teams. You will not be able to attend practices or play in any games unless **all** conditions are met. You must register at **all 1 – 2 – 3** locations No exceptions will be made.

- ___ **1 - US Lacrosse Membership.** Get or renew your membership at www.uslacrosse.org
Membership is valid for one year. Must be valid thru **May 30th 2008.**
* High School Player Fee = **\$35.00**
- ___ **2 - Register with the Utah Lacrosse Organization** by going to www.utahlax.org Registration Open's **December 17, 2007.** Late fee starts February 15, 2008. **Deadline is March 3, 2008.**
The cost is **\$107.00**
To complete registration online you will need the following:
* Visa or Mastercard
* Current US Lacrosse Membership
* Primary Insurance and Policy Number
- ___ **3 - PCHS Team Fee: \$275.00** payable to PCLO. Register / Pay Online at www.parkcitylax.org
Registration Opens **December 17, 2007 – Registration Closes February 15, 2008**
Team fee, along with the PCLO fundraiser, pays for our coaches, field equipment, and indoor practice space in winter, game and practice fields during the season and some transportation.
- ___ **Team Uniform:** PCLO will **loan** 2 sets of game uniforms for the season. The uniforms belong to PCLO, not to the players. **Uniforms must be returned to Glen Shurtleff immediately after the last game of the season. Failure to return Uniforms, Parents will be invoiced \$150.00.**
- ___ **Uniform:** You will be **required** to purchase a long sleeve black turf gear shirt to wear under your jersey (for cold weather) one size up, and **black compression (spandex) shorts. Black turf leggings (not sweat pants) are also suggested,** spring weather conditions can be unpredictable. **Lacrosse gloves are also suggested.** You will need to purchase the items yourself. Possible sources are Tribal West Lacrosse, and Sports Authority.
- ___ **FORMS: Required to Complete Registration-** Forms found at www.parkcitylax.org
MEDICAL RELEASE FORM -
ULA PLAYER CONTRACT –
PCHS CLUB AGREEMENT –
PC LACROSSE PLAYER CONTRACT –
ULA PARENT CONTRACT -
All **5** forms must be **signed and returned** to – Glen Shurtleff, 3830 Lariat Rd. PC UT. 84098
- ___ **EQUIPMENT:** Regulation woman's lacrosse stick, cleats (Outdoor), sports shoe (Indoor), goggles (Red eyewear preferred) and mouth guard (Colored required). You will be required to have this equipment at **ALL** practices and games. If you do not, you **WILL NOT** participate.
- ___ **A Permanent Email Address** must be given to PCLO so we can provide current information on a timely basis regarding practices and games. Current information is also available on Park City Lacrosse website, www.parkcitylax.org
- ___ **Participation in the fundraising project is mandatory.** Please be sure to sign up for your assignment. Annual Christmas Tree Fundraiser, Dec 29th. Jan 5th. 12th.
State Lacrosse Championships, May 17th. 21st. Please contact Karen Emerson for details.