

Park City High School Lacrosse Player Contract

Park City Lacrosse Coaches Mission Statement: Our purpose is to create a healthy, positive environment for high school athletes by promoting good sportsmanship and encouraging our athletes to be hard working, disciplined and high character young men and women, to foster an atmosphere of success on and off the field.

As a player for the Park City High School Lacrosse Team, I will do my very best to follow the guidelines set forth here by the coaching staff.

1. I will live by the motto Team First, Teammate Second, Self Last.
2. I will come to practice with a positive attitude, alert and ready to learn and contribute.
3. I will offer my best physical and mental effort 100 % of the time.
4. I will respect my coaches and their decisions, understanding that my coaches prioritize the growth and improvement of my team.
5. I will be on time to practice and games.
6. I will abstain from the use of drugs and alcohol. (See Drug and Alcohol Policy.)
7. I will take care of my body, practicing good nutrition and coming into the season in good physical shape.
8. I will put my schoolwork first and do my very best to maintain a G.P.A. of at least a 2.5. (See Academic Policy.)
9. I will inform a coach or captain, at least one day in advance, if I am unable to attend practice.
10. I understand that I must commit to being at practice and I will adjust my personal schedule accordingly to the best of my ability.
11. I will respect the game officials and opponents at all times, but particularly while on the field of play.
12. I will take responsibility for my actions during a game and accept consequences appropriately.
13. I will not use the "F" word.
14. I will try to communicate positively, honestly and directly with coaches and teammates.
15. If I am sick or injured and it requires me to miss more than one practice, I will provide a note from a parent or doctor.
16. I understand that the consequences for breaking a team rule may vary depending on the severity of the infraction and the number of times I have failed to follow a rule.
17. I will have fun and encourage others to have fun playing the game of Lacrosse.

Player Signature

Parent/Guardian Signature

